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******* **2017** ******

MARCH 5	10:00 A.M.	TBA – Rev. Eva Cameron, Karen Impola*
MARCH 12	10:00 A.M. 11:30 A.M.	POLARITIES: WHERE ARE WE? – John Miller, Del Carpenter* Adult Forum
MARCH 19	10:00 A.M.	FESTIVAL SUNDAY: SPRING EQUINOX
		 Festival Sunday Team, Del Carpenter*
	11:30 A.M.	Adult Forum
MARCH 26	10:00 A.M.	ON BEING AN INFIDEL - Rev. Eva Cameron, Bill Chene*

^{* ~} denotes Celebration Associate

11:30 A.M.

REGULAR SUNDAY SCHEDULE

10:00 A.M. UU Service

Adult Forum

10:15 A.M. Children's RE (except the 12th and 19th)

11:00 A.M. Coffee / Announcements

11:30 A.M. Adult Forum (except the 5th; see article for details)



CONVERSATION WITH EVA

Amidst all the struggle and sense of crisis that we've felt nationally at this time, it has been really wonderful to feel we have a safe space, a safe community into which we welcome people. It may seem that in this time when so many institutions and so many causes need our help, we should let up on our efforts with church. Before you make that decision, I encourage you to think about why it is that we care so much for all the causes we are donating our time, and energy, and heart to. . .. Well, it is only right, you might say, but how do you come by that understanding? Religion is what gets us there.

A wise minister from the Rochester, NY congregation named Richard Gilbert, years ago figured out an interesting way of explaining this. He pointed out that if you really want to know what you believe, you should start with what you think is right and wrong. The name we use for our understanding of what is right and what is wrong is "ethics". So, we can start with something we think is truly important, like: "It is wrong to starve a child." This is an ethical statement. From this, you can ask yourself, "Why do I think this?" "What makes this a rule?" It might be different things for different people, but if you think about it, you might come up with something like "All people deserve to be treated well," as your reason. That is a very lovely reason, and this is called a "moral stance". It explains your ethic. So, from ethics, we can discern our morals. But wait, there is another step yet to go. Ask yourself again, "Why do I think this?" about the moral stance. "Where does this come from?" As you ponder about all people being deserving of good treatment. . .you may come to see that, in all likelihood, you do have a reason why you think the way you do. It could be that you think that all people are sacred, or that all people are made in God's image, or that everything in creation is worthy of respect, or a number of other choices. This last step—this gets us to our beliefs. From ethics, we can learn our morals. From our morals, we can learn our beliefs. You might like to take some time to do this exercise. Not just with one ethic, but with all the various things that you have been bumping up against lately. All the various things that seem patently right, or patently wrong. From them, you can learn a lot about your own personal theology, your beliefs.

I think it's important that we realize that much of what is termed politics these days is really a battle of differing morals, which come out of a battle of differing theology—and this is why I think it is so very important that we understand our power in this situation. Framing conversation about what is right and what is wrong, can only lead to a shouting match. Framing conversation around morals and beliefs, can lead to constructive dialogue. . .as we learn from each other, why one sees something as right or wrong.

In late February we launched our annual pledge drive. I hope that you will take some time to consider just how valuable it is to have this progressive voice of religion present, and ringing out across the Cedar Valley. Our nation, our state, our little valley, they all need us. With our rallying cries of peace and justice, with our learnings about how to be inclusive, with our deep history of offering a voice of reason and tolerance. . .we offer something special. Please consider this when you consider your pledge for the coming year.

See you in church,





Henry Wadsworth Longfellow, an American poet and Unitarian, died at age seventy-five on March 24, 1882 in Cambridge, Massachusetts.

IMPORTANT MARCH DATES FOR CHILDREN'S RE

March 5th: RE as normal

March 12th: No Children's RE (Spring Break begins)
March 19th: No Children's RE, Festival Sunday

March 26th: RE as normal

Have a wonderful Spring Break!



UU related historical facts in our newsletters are contributed by *Mica Lorenz* and taken from *This Day in Unitarian Universalist History* by Frank Schulman – Skinner House Books.



Sunday, March 5th from 11:00 -11:30 a.m. during coffee time Cake will be served!

This is the time when the children get to meet and spend some time with their mystery friend and to exchange small gifts.



Our Whole Lives has concluded and I want to thank all the parents for allowing (aka forcing) their kids to be part of such an awesome class! It was such fun to see them grow over the last six months.

Also, a shout out to Jean Gallmeyer at Allen Health Services, Together for Youth who traveled in from Oelwein each week to co-teach with *Kevin* and me. We were very lucky to have such a wonderful person and expert to utilize throughout the course.

Angie Stafsholt



John A. Andrew was born on March 31, 1818 in Windham, Maine. He was reared orthodox but became Unitarian at the Church of the Disciples in Boston during the ministry of James Freeman Clare. A lawyer, Andrew also visited prisons, took on many cases pro bono, and became an advocate of prison reform. He was an outspoken opponent of slavery, and became the governor of Massachusetts in 1860, after raising funds to support abolitionist John Brown's family. Andrew also helped found the 54th Massachusetts Regiment, the first African-American fighting unit. A Transcendentalist, Andrew was active in the Unitarian denomination, often speaking at conferences and annual meetings. He died on October 30, 1867.

WHAT'S HAPPENING IN RE?

I'm going to be honest. I have had trouble coming up with topics to write about in my newsletter articles the past few months. I really enjoy writing when I have something to "say", but when your mind continues to be blank with ideas, writing can be hard to tackle. This month I decided to reread some of the articles I have written previously. I immediately scrolled back to 2013 to see what my world was like then. I had written about my experience as a child completing my confirmation tasks; *Izzy* talking about death and dying in RE; *Landon* being approached by a new friend who strongly believed that he was wrong that he didn't believe in creationism, and many articles of now young adults who were bridging at the time. I also came across an article I wrote for the September 2013 newsletter in which I introduced to you some new neighbors who became friends of ours after Kevin went on a day-long bike trip and became severely dehydrated, ending up in the ER (he refers to it as his "spirit journey"). That day was the first day I had really spoken to the wife, who is now one of my close friends. Her husband was on the bike trip and worked with Kevin. He also has become one of Kevin's close friends over the years.

Since September of 2013, we shared many a campfire and "barley pops". We celebrated promotions, Kevin's masters degree, many birthdays, the birth of a child, and just a nice night outside. We mourned losses of pets and fed dinners to the lone spouse when the other was out of town. When my furnace quit working while Kevin was out of town, I called my neighbor/friend to come see if it could be fixed. When their child was born, I was their weekly babysitter for the first six months of her life. We did cookouts and traveled north to Minnesota to take in a concert and dinner. We became great friends and the best part, they were great neighbors too!

Time changes things though and this past year we have become different friends as the husband spent more and more time away from home. We only had two, maybe three fires together this whole summer whereas we used to have them weekly in the years prior. Bike rides with only "the boys" became infrequent and conversations between only "the girls" became a bit more frequent. You see, their marriage was changing which made us realize that our relationships with them were forced to change as well. Clearly, not by our choice but by necessity. Now our good friends are not both our neighbors, as he moved out. Our weekly get-togethers still happen, actually more frequent that ever before, but only with her. Weekly, I check in to see how my friend is doing being in a house by herself and we bring dinner over sometimes just to keep her company. We all know now that the time of having our friends as our neighbors is probably coming to an end and we will eventually have new neighbors in their house. The path between our homes will still be there and will remind us of all the fun we had over the years.

Looking back at this previous article really made me reflect on life's changes. It made me think about how people evolve over years and sometimes it's for the good and sometimes. . . well, people get hurt. One thing that has stayed consistent in our lives over the past twelve years is the CVUU. Our kids have had a lot of questions about our family friends who they have also known for many years. They have shown compassion beyond their years, and understanding even though they could not fully understand their situation. Yes, some of these skills are taught from our parenting, but lots of it is learned from their experiences, which include our church. When writing this article, I was talking with the kids about what RE has taught them over the years and how that has helped them deal with different situations. Landon told me that we taught him about the "moral compass", which tells us how to be compassionate and treat others. Izzy said "those seven things we talk about" meaning the Seven Principles. She said those have helped her in different experiences. I will take it! A parenting and DCRE win! As life's bumps and successes happen, I'm glad knowing that our kids have the ground work to be self confident and caring UUs; not only to their peers of their own age, but to grown ups because, as we know, life isn't always easy. Especially once we are grown up.



Nathaniel Bowditch was born on March 26, 1773 in Salem, Massachusetts. He was reared poor but became a wealthy merchant, president of a marine insurance company in Salem, and an accomplished mathematician, navigator, and scholar. He wrote *The American Practical Navigator*. Bowditch's last words to his son were, "Truth, truth, truth; let that be the family motto." He was a member of the New South Church (Unitarian) in Boston.



The Annual Meeting of the Cedar Valley Unitarian Universalists will be held on Sunday, May 21st at 11:15 a.m. A regular Sunday service will precede this meeting.



ENJOY MEETING NEW PEOPLE? WANT TO MAKE CVUU MORE WELCOMING? ...BECOME A NEW MEMBER MENTOR!

Being a mentor to new members is fun. All you need to do is:

- * Make a special effort to hang out with a new member during coffee hour.
- * Get to know a new member.
- * Connect a new member with others you think they might like.
- * Connect them with CVUU committees/groups they might like.
- * If comfortable, invite a new member to do something with you outside of CVUU.

Contact *Mica Lorenz* at <mikemica@gmail.com> if you are interested in being a Mentor.



CVUU MOWING

It is time once again to start thinking about mowing the CVUU grounds. Once-a-week mowing generally begins in April. With our limited budget at CVUU, one way we save on maintenance costs is to have volunteers do our mowing and trimming.

We have a riding mower and a self-propelled walk-behind. We had a crew of about five people last year—more hands means we sign up less often. We will provide mower training. Contact *Bill Brown* if you are interested in helping out.



Sunday, March 12th
Don't forget to set your clocks ahead!

INTERFAITH DIALOG ON ECONOMIC INEQUALITY, PART 2

Come join us on Sunday, March 5th for the second of three workshops in this series on the important issue of economic inequality. It will be held at First Presbyterian Church at 902 Main Street in Cedar Falls from 2:00 p.m. until 4:30 p.m. You need not have attended the first workshop to participate, and there is no charge for the workshop.

This workshop will focus on three questions:

- (1) What is the extent of economic inequality?
- (2) Why has economic inequality increased?
- (3) What are the consequences of increased economic inequality?

We will use as a basis for our discussion Robert Reich's excellent documentary, *Inequality for All.* Selections from the film will be shown followed by small group discussion and reflection on each segment. This workshop will prepare us for the third workshop on April 2nd which will focus on action steps that we can take.

Our cosponsors are the Cedar Falls Mennonite Church, First Presbyterian Church, and the Catholic parishes of Waterloo.

We were delighted at the turnout for our first workshop (fifty people!) and we hope for similar participation this time. Let's have as many UUs as possible participate. We know that you will find it a meaningful and stimulating experience.

Al Hays



MARCH SERVICES

Sundays at 10:00 a.m. unless stated otherwise

March 5th

Sermon TBA ~~ Rev. Eva Cameron, Karen Impola (CA)

We will be experimenting this spring with a new Unitarian Universalist program called "Touchstone". It features monthly themes with readings for you, some activities for small groups, as well as sermon ideas. When we get more information, you will be informed in the Weekly Update. . .it sure looks like fun!

March 12th

Polarities: Where Are We? ~~ John Miller, Del Carpenter (CA)

We are living in an angry, chaotic, polarized world. The events that change by the day are impacting almost every aspect of our lives. This includes our institutions as well as our relationships with our family and friends. We will explore some of the reasons that may have gotten us here and what UUs can do to help calm some of the chaos in our community and beyond.

March 19th

Festival Sunday: Spring Equinox ~~ Festival Sunday Team, Del Carpenter (CA)

Join us for this fun, interactive service for people of all ages as we celebrate the mid-point in between the darkest night and the brightest day. Spring has sprung!

March 26th

On Being an Infidel ~~ Rev. Eva Cameron, Bill Chene (CA)

A reflection on the tendency we have, in groups, to revile other groups. . .and what this does to our sense of self, as we live as the reviled one.

DIRECT ACTION CEDAR VALLEY

Direct Action Cedar Valley is a group of people ready to step up, speak out, and take action in support of each other and our community.

Our group usually meets once a week in the evenings. To find out our next scheduled meeting please email us at <directactioncv@gmail.com>.



Interested in the CVUU Progressive Parenting group? Stay in touch and keep up with what they do and when they will meet via https://www.facebook.com/groups/569299679747285/>.



Sir Issac Newton, a celebrated English mathematician and Unitarian, died at age eighty-four on March 20, 1727 and was buried in Westminster Abbey, London.



SOME OBSERVANCES FOR MARCH

National Noodle month
National Eye Donor month National Color Therapy month
National Ethics Awareness month National Women's History month
National Cheerleading Safety month
National Athletic Trainers month National Craft month



Angie's office hours are: Tuesdays, Wednesdays, and Thursdays from 1:00 - 3:00 p.m. and Sunday mornings.

ADULT FORUMS

March 5th

No adult forum. Attend the Interfaith Dialog on Economic Inequality, Part 2 from 2:00 to 4:30 p.m. today. For details see announcement elsewhere in this newsletter.

March 12th

Chris Schwartz

Chris was recently elected to the Black Hawk County Board of Supervisors. A long-time community activist, he works as an organizer for Americans for Democratic Action. He will speak to us about recent local efforts to mobilize around important issues (such as the very successful rally on February 5th) and how UUs can be involved with these efforts.

March 19th

Taxes

Boy, there's a title likely to keep folks away! Actually, tax policy is one of the most important factors in ameliorating or perpetuating economic inequality. None of us likes to pay taxes, but I think most of us want a tax system that is fair in terms of the burdens it places on people. So, take time out from thinking about your own taxes (due less than a month from the forum!) and reflect on the tax system in general, as preparation for our third economic inequality workshop on April 2nd.

March 26th

The Standing Rock Resistance

Shannon Michael will speak to us about the massive popular resistance to the Bakken oil pipeline from environmentalists and from Native Americans concerned about the violation of their tribal lands. Even though it appears that efforts to block the pipeline have not been successful, the resistance was still an important social movement, and it is useful to reflect on how to keep such engagement going.

Al Hays



The Buddhist Path group meets each Thursday at 7:00 p.m. with 'tea and cookies in the kitchen'. They then adjourn upstairs to check in with their stories of the week, chanting, meditation, and then have dharma discussion. Feel free to join in any Thursday.



The influential Universalist minister, *Clarence Russell Skinner*, was born on March 23, 1881. He became a secretary of the Universalist Service Commission, professor of applied Christianity and dean of Crane Theological School, and author of numerous religious books. Skinner, who was a pacifist, wrote the "Universalist Statement of Social Principles". He died on August 26, 1949.

The ruin of a nation begins in the homes of its people. Ghanaian Proverb



The Caring Connections committee will meet the first Sunday in March at 11:30 a.m. The contact person for March is *Betsy Brant* who can be reached via email at bbrant@cfu.net> or phone, 277-8241.



"a.m. UU" will meet on Monday, March 20th. The group is open to anyone who enjoys morning coffee, tea and conversation. We meet from 7:00 - 8:30 a.m. at the Cedar Falls Caribou Coffee on University Avenue on the third Monday of every month.

Stop by for a great way to start your day. Don't forget the scrip table on Sundays to purchase your Caribou scrip!

Bill Brown



Our thoughts are with members, friends and their families who are dealing with health or other life issues.

Remember our senior members and friends with thoughts, prayers, calls or a visit. *Lewis Lynch* is at Friendship Village; *Earl Van Fleet* is at Rosewood; *Marilyn Desmond* is in Florida.

Contact Rev. Eva with pastoral concerns or if you are in need of assistance.



Paul Howard Douglas was born on March 26, 1892 in Salem, Massachusetts. He graduated from Bowdoin college in 1913, received an M.A. degree in 1915, and a Ph.D. in economics from Columbia University in 1921. In 1920 he became a full professor of economics at the University of Chicago. Active on public issues, Douglas wrote "The Coming of a New Party" (1932), advocating a party similar to the Labour Party of Great Britain. In 1942 he joined the U.S. Marines and was wounded at Okinawa in WWII. As a U.S. Senator from Illinois (1948-1967), Douglas worked for civil rights, particularly voting rights. He joined All Souls Unitarian Church in Washington, D.C., although he retained his Quaker membership. Then he and his wife joined Cedar Lane Unitarian Church in Bethesda, Maryland. Paul Howard Douglas died on September 24, 1976.



SOCIAL ACTION "WALKIN" THE TALK"

Social Action Plate Collection

The March collection will be on Sunday, March 26th for the Northeast Iowa Food Bank Garden. Tended by volunteers from many community organizations, the garden is now in its second year of producing fresh vegetables for NEIFB clients. Donations will purchase supplies and support nutrition education and public health initiatives. <www.northeastiowafoodbank.org>

Looking to get involved?

Social action groups in the Cedar Valley include:



- * <u>Cedar Valley Activate</u> meets at the Presbyterian Church on Sundays. Check their Facebook page for more information.
- * <u>Direct Action Cedar Valley</u> (formerly Pantsuit Nation) meets weekly at CVUU. The group also has a Facebook group.
- * <u>Cedar Valley Resistance</u> meets at Octopus; check their Facebook page for more information.
- * Cedar Valley Chapter of Americans for Democratic Action has organized several protests and rallies in the area. Their Facebook page has several upcoming events.



The next newsletter will be the *April 2017* issue. The calendar deadline for this issue will be Wednesday, March 15th (info goes to *Janet* in the office) and the newsletter deadline will be Friday, March 17th (articles get sent to me).

Please note that these deadlines are during Spring Break week so let us hear from you before you leave town!

If you are unsure as to which of the two of us needs your information, send it to both of us and we'll sort it out. An important reminder, Janet is <u>not</u> in the office on Fridays, so come deadline week it's very important that she receives your information by Wednesday!

Please mark your calendars now for March $15^{\rm th}$ and $17^{\rm th}$ —the April newsletter deadlines.

Gerry Chamberlin, Editor



John Palaeologus of Chios was burned at the stake in Rome on March 25, 1585 for teaching that Christ should not be worshiped. The Socinians criticized him for taking this position and held that people would be comforted by prayer to a figure who shared their humanity. Palaeologus also rejected the Socinian preference for pacifism.

GREEN LIVING CORNER

We'll Just Have to Do It Ourselves: Protect the Environment

Did you know...?

- * One gallon of motor oil spilled on the hard surface of a driveway or parking lot, and washed by a rainstorm (or poured directly) into the storm sewer or stream can contaminate one MILLION gallons of water. That, in turn, pollutes drinking water sources.
- * One inch of rain falling on a one-acre impermeable parking lot produces 16 TIMES more runoff than if it fell on a meadow the same size. If the parking lot were permeable, much of that water and pollutants picked up from oil, anti-freeze, and de-icing salt would be absorbed into the ground beneath it.
- * Excess algae, caused by nutrient pollution (primarily fertilizer runoff) increases the cost of drinking water treatment for towns and cities.
- * Less than 50% of American dog owners pick up after their pets. Yet an average-sized dog dropping contains 3 BILLION fecal coliform bacteria.
- * Forty percent (40%) of U.S. rivers and streams are too polluted for fishing or swimming.

Adapted from: Clean Water Education Partnership

~~Donna Davis



Irish Blessing

May the Good Lord take a liking to you. . . but not too soon!



WHALECOAST ALASKA 2017

WOW! Four Unitarian Universalist Fellowships in Alaska invite you to our aweinspiring, 24th annual Alaska tour program.

TOUR #1: National Park Tour, June 10 to 20 -- \$3,156 TOUR #2: All-Alaska Tour, July 7 to 19 -- \$3,758

WHERE: From the coastal waters to the sunny Interior, from wilderness to modern cities. We experience the best of Alaska: Fairbanks, Denali Park, Anchorage, Juneau, Sitka, Seward.

SEE: Wildlife: whales, seals, bears, moose, caribou, and more.

Glaciers, islands, fjords, and mountain ranges.

Native American artists and dancers.

Alaska's finest museums.

Spectacular travel by train, plane, and boat.

STAY: Real Alaska! UU homestays, meals, and dinner parties with Alaska UUs who treat you like friends.



Director: Dave Frey, longtime Fairbanks UU
More information: <www.WhaleCoastAK.org>
Email: <dfrey@WhaleCoastAK.org>
Address: 675 Gold Vein Road, Fairbanks, AK 99712
Telephone: 907-322-4966

<u>Editor's Note</u>: Each tour sells out when forty guests register. At the time of this March newsletter printing, a few spaces remain; don't delay!



WORLD'S GREATEST SPRING BREAK FOR KIDS

Are you searching for activities to entertain your children or visiting grandchildren during spring break week? Again this year the Grout is participating with other area organizations in the "World's Greatest Spring Break For Kids".

Bring your family to downtown Waterloo to discover, explore and play for just \$1 per child and each accompanying adult. Adults MUST be with a child to receive the \$1 admission.

Planetarium Show Times: 10:00 a.m., Noon, 2:00 p.m., 4:00 p.m. Science Demo Show Times: 10:00 a.m., Noon, 2:00 p.m., 4:00 p.m.

Participating attractions include: Black Hawk Children's Theatre, Bluedorn Science Imaginarium, Dan Gable Wrestling Museum, Sullivan Brothers Iowa Veterans Museum/Grout Museum, Phelps Youth Pavilion, Young Arena, and the John Deere Museum.

Cost: \$1 per site per person. Adults must attend with a child. For more details call the Grout or, better yet, check out the wonderful website: <www.worldsgreatestspringbreak.com>.

FROM THE HISTORY AND HERITAGE COMMITTEE OF THE MIDAMERICA REGION, UUA

HISTORY VIGNETTE #14

Leona Handler Light ~~ A Sometimes Shadowy Figure

Leona Handler Light (1915-1992) is an impressive and puzzling figure in the history of twentieth-century Unitarian Universalism. She capably served the Western Unitarian Conference in Chicago from the mid-1930s to the early 1940s and then did hazardous duty in Hungary and Transylvania before and during the outbreak of World War II. In Lawrence, Kansas, she revitalized the historic Unitarian society. She then abruptly dropped out of sight for over two decades and apparently re-emerged to take a prominent role in the Black Empowerment Controversy in the late 1960s.

And with raised eyebrow you ask, "Apparently re-emerged?" Ministry candidate and research sleuth Jon Jasper Coffee is almost certain that the "Leona H. Light" of the 1960s was the Leona Handler active in the 1930s and 1940s, but recognizes that more digging needs to be done. All the same, he has uncovered enough information, most of it from primary sources, to sketch a fascinating portrait of someone whose career should pique the curiosity of anyone interested in the history of women—or anyone—who capably served liberal religion.

Origins and Early Work

Probably born to a Baltimore family, Leona Handler studied at Tufts College, Tufts Theological School, Boston University, Northwestern University, and the Unitarian Collegium in Kolozsvar, Transylvania. Before becoming office secretary for the Western Conference of the American Unitarian Association (AUA) in Chicago, she worked as an assistant in Massachusetts congregations.



Europe

Living in Hungary and Transylvania from late 1939 to late 1940, she served as the European Representative of the Unitarian Ministerial Association. Articles in Hungarian publications suggest she led worship services, attended meetings in Unitarian churches, and spoke on topics such as "Modern American and European Ideas of Women".

Lawrence, Kansas

From the summer of 1941 until the fall of 1943, Leona Handler served and revitalized the Unitarian Society of Lawrence, Kansas. This congregation had taken a prominent role in the state's history, serving as an antislavery center and establishing the first public school, but it had fallen on hard times. The minister had left and the dwindling congregation had appealed to the AUA for financial help in paying a successor.

Leona Handler Drops from Sight

In April 1943 Handler hinted in a letter to Curtis Reese, Secretary of the Western Unitarian Conference, that she might change careers, and suggested that something might "develop to take [her] to Chicago in the fall." She expected the congregation to continue with or without her leadership. In another letter she told Reese she felt some urgency about gaining credentials as a Unitarian minister. Later, Reese wrote to a colleague of his surprise that Handler had departed for Berkeley, California, without telling anyone in the congregation of her intentions.

<u>CVUU Editor's note</u>: This is *just a portion* of the interesting fourteenth story of UU churches sent to the History and Heritage Committee of the MidAmerica Region. For the complete version, go to: https://www.midamericauua.org/about-us/history-and-heritage/2621-history-vignette-14-leona-handler-light.