



**UNITARIAN-UNIVERSALIST SOCIETY
OF BLACK HAWK COUNTY**
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***** 2009 *****

- AUG 2 9:30 A.M. POETRY SUNDAY – The Rev. Eva Cameron, Bill Chene***
- AUG 9 9:30 A.M. “HALFTIME: PLANNING THE SECOND HALF OF YOUR LIFE”
– Sean McNally, John Miller***
- AUG 15 4:00 P.M. ALL-CHURCH RETREAT (details inside)**
- AUG 16 9:30 A.M. ALL-CHURCH RETREAT / CHAPEL SERVICE
– The Rev. Eva Cameron, John Miller***
- AUG 23 9:30 A.M. WATER COMMUNION – The Rev. Eva Cameron, Al Hays*, Brittany Flokstra***
- AUG 30 9:30 A.M. “UNIVERSALISM: PAST, PRESENT AND POWERFUL”
– The Rev. Kalen Fristad (Guest Preacher), The Rev. Eva Cameron***

* ~ denotes *Worship Associate*

SUNDAY SCHEDULE:

9:30 A.M. Services

**10:45 A.M. Coffee / Fellowship
Childcare During The Services**



The mission of this organization is to be an accepting and supportive community that nurtures spiritual, emotional, and intellectual explorations, articulates ethical values, and encourages actions based on personal beliefs. This community is a voice for religious diversity, human tolerance, improvement of the human condition, and preservation of our environment.

CONVERSATION WITH EVA

It's been an interesting summer. I had planned lots of rest and relaxation—and I have had that!—but there have been some surprises too, like the HUGE tree that fell on my house. Thanks to all of you who've expressed concern and a special thanks to *Deblyn's* husband, *John*, who came with his saw to cut us out. What a job!

I have been thinking and planning about our upcoming year. I've chosen *Standing on the Side of Love* as this year's spiritual theme. In using this theme we join with many other UUs across the nation, and even internationally, as together we work on the ideas of fighting oppression of all sorts in our community.

Marriage Equality is at the forefront of our minds here in Iowa right now. . .but not far behind, we remember Postville and know that there is much work in seeking Immigrants' Rights as well. As I write this in mid-July, it's only recently that the fiasco about black children being told not to return to a swimming pool hit the news. So, we know we have work to do.

Beyond Human Rights, many of us are dearly fond of our mother Earth, truly want to help others to see the rights she ought to have, and to open others' eyes to the remarkable, living being we call our home.

Having rights is one part of extending love. Another part is INCLUSION. This year I'd like us to utilize some of the skills we've been building on in the past years, so that we can reach out and include more types and kinds of people in our community. Having this place in our lives, an oasis of goodness, of love, of acceptance and good will is such a treasure. I know that we can be that oasis for others, but we do need to build bridges and pathways, road signs and maps, so that those who do not know their way to our doorway can find it.

Standing on the Side of Love will mean learning to utilize this as a moral tool. We will practice making decisions as we think about love.

At the same time, we will practice forgiveness and self-love. These powerful spiritual tools that have been a mainstay of religious practice have fresh light and strength in our time, with our heritage of inclusive religious practices, and universal salvation. It's really good news, that God loves all. . .and that wraps us right back around into reaching out to others as we work for their rights, and welcome them to our church home.

It's going to be an amazing year. Last year we *Dared to Grow*, and we reached the UUA standard for being termed a 'mid-sized' congregation. We successfully funded the needed items in our budget, despite people's fears about our economy. We are starting to understand our strength and place in this community as we reach out to witness to love. We have a unique and special message to offer the world, to offer to your children, to offer to each other, as we open our doors every day of the week for exciting and nurturing programming that is only limited by your imagination.

Are you ready for this year? Are you ready to practice *Standing on the Side of Love*? Start thinking, "Where do I stand on the side of love?" I know that each and every one of you has an answer. You are a remarkable and powerful group—start planning your answers, because I'm going to be asking. . .

Thank you for allowing me to serve as your minister. I am excited about the coming year. Thank you for the gift of time to reflect, relax, and rejuvenate this summer.

God be with you, however you know and name the force of love and life. See you in August!

Eva

NOTES FROM THE MUSIC DIRECTOR

The UU Music Committee would like to welcome you all to join us in making music this year! The UU Children's Choir, Adult Choir, and Theoretical String Band will all resume their school-year schedule on Wednesday, August 19th. Newcomers are always welcomed and encouraged, and "talent" is optional! Choir and Band are a small-group ministry for those of us who love to sing and play! Also, feel free to partake in the **WOW!** dinners.

Wednesday Rehearsal Schedule:

5:00-5:45 p.m. *Children's Choir* (contact me for possible carpool arrangements)
6:15-7:15 p.m. *Adult Choir*
7:30-8:30 p.m. *Theoretical String Band* (other instruments welcome)

See you on Wednesdays! *Tim Purdum*, Director of Music
<Musicman@cfu.net>



UU SUMMER GARAGE SALE

Friday, August 28th 8:00 a.m. to 3:00 p.m.
Saturday, August 29th 8:00 a.m. to Noon

Wanted: Your Used Junk!!!

Here's your chance to clean house and get rid of all those unneeded items that are collecting dust and space in your basement, garage, or attic. Donate them to the *UU Summer Garage Sale* being sponsored by the Outreach Committee as part of their commitment to help out with next year's budget. Clean house, help next year's budget, and get a tax donation for your donated items—it's a WIN-WIN proposition!

Please do NOT donate electronic equipment such as computers, old computer programs, TVs, DVD players, VCRs etc. They do not sell. No windows, screens, etc.; ask if you're not sure.

Help needed with pricing, organizing for the sale, during the sale, and cleaning up afterwards. Please let me know if you can volunteer at any time during the week from August 26th to 29th. Items can be stored in the Grant and Herman classrooms before the sale if we need to. If you can help before, or need more information, contact *Mica Lorenz* at <mikemica@gmail.com> or 291-6509.



On August 10, 1531 *Michael Servetus* published "On the Errors of the Trinity". Three days later he was arrested in Switzerland and imprisoned for heresy.



FVUUM

The Friendship Village UU Ministry continues with its monthly chapel and luncheon at Lakeview Landing every second Wednesday from 11:00 a.m. – 1:00 p.m.

Our next meeting is Wednesday, August 12th. Please R.S.V.P. to *Brian Forster* (291-8427). You don't need to be a resident to attend.

NOTES FROM THE DRE

As I write this I have been working all week on helping Leigh get ready for RAGBRAI. It has been bittersweet as I will not be able to go this year. I realized at GA that my back needed some Physical Therapy before I did RAGBRAI. The good news is, I have found a great PT person and I can already feel muscles changing. She is going to help me get back to walking and to help me get a program for my new (to me) trike!

Today as I was driving home from PT I noticed that the flowers along the way looked more spring-like than summer. I hope August will be as nice as July.

I had a great time at General Assembly with *Jeff and Robyn Heiden*. We brought back a pile of square UU Association of Congregations stickers—pick one up from the pink and blue REAP table in the Fellowship Hall. The other thing we managed to do is track down the originator of the “100 Famous Unitarian Universalists” poster and he has agreed to sell them to us for \$19.17 each instead of the usual \$25. We are taking orders for them at this time. There will be a sign-up sheet and envelope for checks or cash posted by our poster. This is not a fund-raiser.

August, including this year’s Retreat, should be a fun time for all. It is so nice to have the retreat at our site so that those who want to tent may, and those who want to sleep in their own beds can! We will have childcare for both the nursery and school-age children on Sunday. See sign-up sheets. We are planning fun games and activities for inside and out.

CHILDREN AND YOUTH SUNDAY SCHOOL

We need more **teachers** for our classes this year. We ask that teachers make a six to eight week commitment.

We are looking for Primary teachers, Intermediate teachers, a Middle School teacher/coordinator and High School teachers.

We also need **helpers** for each class. Helpers can choose to work one or more days. See the sign-up sheets on the REAP table or speak with *Crystal King*.

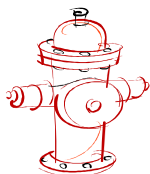
“The secret of a good sermon is to have a strong beginning and an equally strong ending. Then you must bring the two as close together as possible.”
~George Burns



MARK YOUR CALENDARS!

Coming up on Saturday, September 19th at 7:30 p.m. is a “Comedy Café”, hosted by the Music Committee. We’ll be turning the sanctuary into a nightclub for the evening, with comedy acts performed by UUSBHC members and friends.

Start polishing up your stand-up routine, or just plan to join us for an evening of high spirits (alcoholic and otherwise). If you’d like a performance slot, please contact *Tim Purdum* at <musicman@cfu.net>. See you there!



“I used to work in a fire hydrant factory. You couldn’t park anywhere near the place.” ~Steven Wright

We have some fun—new and old—curricula this year!

Classes this year will be~

- ◆ Early Childhood Class: 3, 4, 5 year-olds—*Shanlee McNally, Angie Stafsholt* and *Kendra Wohlert* will be teaching; *Gretchen Koizan* will be a helping in ECE.
- ◆ Primary Class: Kindergarten, 1st and 2nd grades
- ◆ Intermediate Class: 3rd, 4th and 5th grades
- ◆ Middle School: 6th, 7th and 8th grades—*John Grinstead* and *Mariel Mugge* are part of the team for Middle school.
- ◆ High School: 9th, 10th, 11th and 12th grades

Tentative numbers for next year are:

Early Childhood Class—11 Primary Class—13
Intermediate Class—12 Middle School—15 High School—13

We do hope to continue the Unity Youth afternoon and/or evening programs with other churches in the Cedar Valley.

Notes for Parents~

We raised the registration fee slightly this year: \$25 for each child to a maximum of \$65 per family per year. This includes the nursery. We do have pay schedules and scholarships available—all you have to do is fill out the back of the registration form. These fees have allowed us to purchase new curriculum and this will help us to continue to give quality childcare for the many new events coming up this year.

Please remember:

- * we are flexible with the grade levels;
- * when your children are with you and NOT in class, **YOU** are responsible for them.

Children’s Chapel ~ will start again in September!

Thank you for sharing your children and youth with our leaders and myself.

Kathy Klink-Zeitz, DRE

Unitarian *Joseph Priestly*, a clergyman, librarian, teacher and scientist, discovered oxygen on August 1, 1774 which he called dephlogisticated air.



CAPITAL IMPROVEMENT NEW PROJECTS APPLICATIONS

The church fiscal year has ended and the Finance Committee has totaled the year up (at least preliminarily). Due to the Scrip program profit and unused money from last year’s capital improvement attempts, we have approximately \$3000 to be used for the right project. If you know of something from which the church will benefit that is near or under \$3000, submit your idea to the Finance Committee (Director: *Kevin Stafsholt*, 215-4400, <stafsholt@mchsi.com>) by September 8th. We will accept all ideas, sort through them and discuss it with the Board. The big winner will have the wonderful opportunity to make their dream a reality. Nearly instant gratification! What more could you ask for?



CONSCIOUS LIVING CORNER

ART AS ENVIRONMENTAL ACTIVISM

Did you know that there is a world-wide movement of artists who are working creatively to help solve ecological problems? Through their various media, artists are using the facts from science to tell stories that help us visualize our relationship to the natural world. Art can build awareness, which is the first step for change. Art in its many forms can stir communities into action, empower individuals, and focus leaders' attention. A growing number of artists are forming multi-disciplinary collaborations with biologists, earth scientists, engineers, municipal authorities and local residents to work on cleaning up our environment.



My own artwork is focused on the need for stronger environmental laws. I use old law books for my art materials. A variety of techniques are used to turn law books into landscape forms: tearing, crumpling, folding or baling the text pages. I often circle words in the text pages to build new statements regarding land use and protection of the inheritance. Drawings of endangered species from old science books or maps of the land from old geologic surveys are juxtaposed with law pages.

Come and join us for the Conscious Living Group meeting on Sunday, September 13th at 11:15 a.m. as I share images of my artworks along with images of works by other environmental artists from around the world.

Margaret Whiting



Unitarian and American author **Herman Melville** was born in New York City on August 1, 1819.



RELIGIOUS SERVICES COUNCIL NEWS and NOTES

This month we are phasing back into "services as usual" for Sunday mornings, after the slightly trimmed-down services of June and July. Many thanks to everyone who presented a service while our own dear *Rev. Eva* was on study leave and vacation! *Eva* returns to the pulpit on August 2nd. Services will once again include a "Time For All Ages", after which children may go to Alternative Activities. As the month goes on, look for choir music during the services as well.

Two services in August especially need your participation. August 2nd is *Poetry Sunday*: bring a treasured poem, your own or a favorite author's, to share with the congregation. August 23rd is *Water Communion*: bring some water from a place that is particularly special to you, be it the lake where you spent your vacation or the rain barrel in your back yard. (If you went somewhere and forgot to collect water, any water can symbolically stand in for it.) We will mix the waters together to symbolize our coming together as a community.

August 15th-16th are the dates for our Annual All-Church Retreat. Look for details elsewhere on this page. We'll be gathering for fun, games, and dinner on Saturday evening. Those who wish to are invited to camp out in the churchyard; Sunday morning features a breakfast and outdoor chapel service.

Ever wonder how all these wonderful services come about, and how you can help? The *Religious Services Committee* oversees Sunday services as well as weddings, funerals, and other observances that come up from time to time. We meet on the second Tuesday of each month at 7:15 p.m. Join us!

SMALL GROUP ON VACATION IN AUGUST

The *Gathering of Women Small Group* will not be meeting the first Sunday of August as they will be taking a summer vacation at that time.



Florence Nightingale, a Unitarian nurse who devoted many years to public health reform, died at age ninety on August 13, 1910.



CAMP UU – ALL-CONGREGATIONAL RETREAT AUGUST 15th and 16th

Begin our New Year with our Annual All-Congregational Retreat!! Camp UU will be a multi-day event that provides an opportunity to play, eat and work with your congregational family and friends. Last year was a *BLAST!!!!* Join us!!!

Camp UU will be about planning for the upcoming year while having fun today!! Here are some of the intended highlights:

Saturday Night will begin with Intergenerational Activities and Games. We will enjoy a Potluck Dinner along with BBQ'n on outside grills. It will be followed by family activities, singing around the campfire and frolicking good fun. You can even camp out on the grass or in the building for the *WHOLE* night if you wish.

Sunday Morning will nourish our bodies and our souls with a Pancake Breakfast followed by the Rev. Cameron's Chapel Service and a large group discussion session. These activities will feed into lunch.

Sunday Afternoon is the opportunity to turn our ideas into actions. We will have committee meetings where members will spend time planning and scheduling the year's activities to reach their goals. Committee leaders will end the day by meeting with the Board to coordinate the results of their work.

COME ONE, COME ALL!!!!

Childcare will be provided for Sunday morning and Sunday afternoon. If you will need childcare, PLEASE contact *Kathy Klink-Zeitz*, Director of Religious Education, so that she will be able to make the proper accommodations. You may contact her through email at <dre@uusbh.org> or phone, 319-404-2589.

SATURDAY SCHEDULE

- 4:00 p.m. – Intergenerational Activities, Games and FUN!!!
- 5:30 p.m. – Potluck Dinner: "Camp UUsers" are asked to bring a dish to share, what they want to grill, their own beverages, table service and lawn chairs. Grills will be provided.
- 6:30 p.m. – Intergenerational Activities, Games and more FUN!!!!
- 7:30 p.m. – S'mores Time
- 8:00 p.m. – Campfire Songs
- 9:00 p.m. – Snores Time

SUNDAY SCHEDULE

- 8:00 a.m. – Pancake Breakfast: Bring your appetite and funny hat
- 9:30 a.m. – Chapel with the *Reverend Eva Cameron*
- 10:00 a.m. – The Rev. Eva Cameron will introduce us to her spiritual theme for the new church year.
- 12:00 p.m. – CATERED LUNCH
- 1:00 p.m. – Committee Break-out: time to join committees, set committee goals and timelines for the coming year.
- 2:00 p.m. – Closing Words
- 2:05 p.m. – Leadership Council: the Executive Board will host this meeting with all church officers and chairs of standing committees, advisory committees, and ad hoc committees. Board will meet briefly to approve the July Minutes and Financial Report.

The famous Universalist storyteller, author and poet *Hans Christian Andersen* died on August 4, 1875 at Rolighed, Denmark at the age of seventy. He was most famous for the fairy tales he produced combining folk legends and his own imagination.



MIRACLE OF THE PEONIES

Each year I look forward to the magenta burst of peonies greeting us as we drive into our parking lot. That bed was one of the first landscaping amendments we put in; four years ago it took three of us (*Rob, Wes Zeitz and myself*) an entire Saturday. Now it brings back warm memories of a very warm day and the joy of starting something new. When I noticed mid-May that all the swollen buds had been knocked off by someone swinging a stick (without any golf balls in sight) my heart sank. “I guess there just won’t be any colorful shout of joy this spring”, I thought. After the long winter it would be hard to wait another year! Oh, ye of little faith. Then in early June new buds, coming from lower down where they were protected from the rod, began blooming from the west toward the east until the whole row has opened. Like seeing old friends dropping by suddenly, I am joyously thankful for their return.

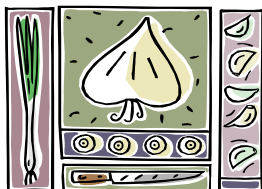
Meanwhile funny things happen when you are a gardener and know other folks who are as nuts as you are. I started too many bell peppers. So after we put in as many as the UU garden could bear, I kept repotting them in larger pots. Finally I gave them to *Nita Stewart* to sell at Farmers’ Market. Then the Price Lab School Garden starts getting underway and I have to ask Nita to bring back the peppers she had not sold! By the time these peregrinating plants get grounded, they will be very well traveled!

We had curious youngsters check out the garden. In the spring *Tristan, Arthur, Rose, Elliott and Grace* explored and helped harvest. Grace ate the first broccoli right off the plant! Green, leafy veggies were prime while the peas, beets, peppers and tomatoes took their sweet time—green tomatoes and cherry peppers were already on! Kohlrabis were baseball sized. Some of our members are becoming more adventurous in their cuisine; *Juanita Williams* took home a bag of stinging nettles to saute. I anxiously await her response.

Extra special thanks to *Mimi and Maureen* for helping to clean and organize the shed, opening more space, and for planting more too. Many thanks to *Laura Walter* who donated more native prairie plants and set them in with markers. So far our produce has earned \$82.14 for the church coffers. After the first \$200, the rest goes to the Food Bank.

Julie Fischer

(Ed. Note: This article reflects garden happenings from May through mid-June.)



“My wife has a slight impediment in her speech. Every now and then she stops to breathe.” ~*Jimmy Durante*

“Life isn’t about waiting for the storm to pass. It’s about learning how to dance in the rain.”



AUGUST SERVICES

Sundays at 9:30 a.m. unless stated otherwise

August 2nd

Poetry Sunday ~ Rev. Eva Cameron

A celebration of the lyrical voice of our hearts and souls. Bring a poem—yours or one written by someone else—to share with us. Worship Associate is *Bill Chene*.

August 9th

Halftime: Planning the Second Half of Your Life ~ Sean McNally with *John Miller* as Worship Associate.

August 16th

All-Church Retreat / Chapel Service ~ Rev. Eva Cameron

Join us for this lovely outdoor garden service. Worship Associate is *John Miller*.

August 23rd

Water Communion ~ Rev. Eva Cameron

Our annual service in celebration of the living waters that wend through our lives is a *Service For All Ages*. Bring a small vial of water to share with us, representing some thing or some place meaningful to you this summer. Worship Associates will be *Al Hays* and *Brittany Flokstra*.

August 30th

Universalism: Past, Present and Powerful ~ Guest Preacher, The Rev. Kalen Fristad; The Rev. Eva Cameron, Worship Associate

Rev. Fristad is an ordained United Methodist Minister. After serving churches in Iowa for twenty-seven years, he embarked upon an independent ministry. He conducted this ministry full time from 2003-2006. It consisted of traveling around the country with his wife, Darlene, accepting invitations to speak to churches and other groups, countering the teaching that many people will suffer for eternity in hell and instead, proclaiming the hopeful message of universalism. He went back to the parish ministry in July 2006. As of January 2008, while continuing to serve churches in Iowa part-time, he has resumed his traveling ministry, spending half-time on the road speaking on the subject of universalism.

Rev. Fristad has written a book, *Destined for Salvation: God’s Promise to Save Everyone*, and a Study Book with the same title. His books, CDs and DVDs will be available for purchase after the service.



Oliver Wendell Holmes Sr. was born on August 29, 1809 in Cambridge, Massachusetts. He was a noted physician and writer.



Child’s letter to God:

Dear God,
I want to be just like my Daddy when I get big but not with so much hair all over. Sam

COMMITTEE ON MINISTRY

We would like to thank *Christine Carpenter* and *Leigh Zeitz* as they complete their three-year terms on the Committee on Ministry. Christine served as committee chair during this past year and provided steady leadership for committee members. She has been actively involved in a number of projects over more than twenty years. Leigh is a past president of our congregation and continues to bring his good sense of humor and lend his energy to new areas in our congregation.

Sue Campbell and *Curt Hanson* recently were appointed by the Executive Board to succeed Christine Carpenter and Leigh Zeitz as committee members. *Gerry Chamberlin* has been appointed by the Executive Board to complete *Bob Robinson's* final year on the Committee on Ministry. Bob has been a long time member of our congregation. He was a mainstay of the Building and Grounds Committee for a number of years. Bob has now chosen to pursue personal and other interests within our congregation.

When you see Christine, Leigh, and Bob, take a moment to thank them for their insights, leadership, and dedication to maintain our spiritual community as a healthy congregation. Please welcome Sue, Curt, and Gerry as they assume the responsibility to provide their own insights and commitment to the well-being of our congregation.

What is the Committee on Ministry?

The *Committee on Ministry* is responsible for strengthening the quality of ministry within the Society.

- * The *Committee on Ministry* participates in setting goals and priorities of the ministry with the Executive Board.
- * The *Committee on Ministry* reviews and evaluates the status of ministry annually.
- * The *Committee on Ministry* facilitates an open dialogue among members of the congregation and performs other duties in support of shared ministry.



Our caring thoughts are with these members and friends of this congregation who are dealing with health issues and/or damage from the recent storm: *Jen Zeck*, *Shirley Robinson*, *Chris Rediske's* nephew, *Carollyn Hartsfield*, *Laura Walter*, *Rev. Eva*, *Rita Lynn's* mother, *Kathy* and *Leigh Klink-Zeitz*, *Mildred Pierce*, *Donna Davis* and *Jeff Cash*. (If we missed anyone, please let the Caring Committee know.)

Our deepest sympathy to *Dick Shane* and family on the June death of his wife, *Vivian Shane*, who was a long-time member of this congregation. A Memorial Service will be held Saturday morning August 15th. Vivian was loved by all and will be sorely missed.

Eleanore Stark has moved to live with her daughter, Ann, in Toledo. Her address is: 1008 South Prospect Drive, Lot 4, Toledo, Iowa 52342; her cell phone is 319-239-8321. We will miss having Eleanore in our midst.

The members of the Caring Committee are *Esther Kieffer* (Chair), *Betsy Brant*, *Sally Browne*, *Bob Robinson*, *Cathy Ryan*, *Virginia Mahn*, *Donna Davis*, and *Eva Cameron*.



Horace Mann, educator, public official and active Unitarian, died on August 2, 1859 at age sixty-three.

HELP WANTED: WEDNESDAY DINNERS

Thank you to all who helped with dinners in June and July. We are looking for people to help with the Wednesday Dinners. Do you like to cook or maybe just organize a dinner?

The dinners are simple: a main dish, soup, and/or salad and a dessert. Your supplies are reimbursed and your dinner is free. You can cook from scratch or buy the food ready to cook or already cooked. Set up and clean-up are also part of it. The perfect solution is if people would sign up to do one or more weeks, but we also can have people who want to cook a main dish or a dessert. Contact *Michaela Rich* or *Diana Harwood* to sign up or for more information.



BIRTHDAY CALENDAR

The *Birthday Calendar* is in the Fellowship Hall. If you wish to be included, please put your name on the calendar on the date of your birth so you can be remembered.

Happy Birthday to those with August birthdays:

Jen Zeck Mathilde Brandenburg Tristan Zeck
Joyce Boss Jo Foster Paul Finch Grace Malloy



Esther Kieffer



The English Parliament passed an Act against several atheistical, blasphemous and execrable opinions, derogatory to the Honour of God on August 9, 1650. This led to the persecution of Unitarians.



SOCIAL ACTION COLLECTION "WALKIN' THE TALK"

Hello everyone! I hope your summer has been a good one.

The Social Action plate collections for June and July were both for the Cedar River Festival Group. The June collection amount was \$124.25; the July total is unknown as of this writing and will be reported in the September newsletter. Thanks to all who gave.

We are in the process of selecting causes to support for the 2009-10 fiscal year. I will report on the selected causes in the September newsletter.

The Social Action focus for August will be *Community Meals* and we'll be collecting on Sunday, August 30th. There will be no Adult Sunday School for Social Action in August. Community Meals are in part sponsored by the UUSBHC and occur on the months where there is a fifth Tuesday. They are held at the First United Methodist Church, 723 Washington Street in Cedar Falls. The meals are served from 4:30 to 6:00 p.m. to those in need in the Cedar Valley. We provide monetary support and volunteers for the meal itself. There are opportunities to volunteer to set up, prep the food, bake cupcakes, serve, and do clean up. The next Community Meal is September 29th. The sign up sheet is in the Fellowship Hall. I hope to see you there! See *Sheri Huber-Otting* or *Ruth Walker* with any questions. Thanks for Walkin' the Talk!

Let me know if you'd like to be more involved in Social Action this year.

Sheri Huber-Otting
UUSBHC Social Action Chair

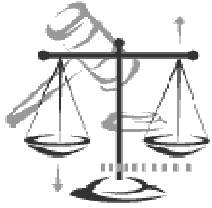
HEAR YE! HEAR YE! ORDER IN THE COURT!

Believe it or not!

Our own nearly-centenarian UU, *Mildred Pierce*, received a summons for Black Hawk County Jury Duty!

Mildred will be one hundred years old on December 5th. She would love to do her civic duty, and those who know her are aware she'd be an excellent juror. Of course, having given up driving some time ago, she'd need daily transportation to the Court House.

It appears she will be excused, but surely the other jurors are the poorer for not having the experience of serving with her! Feel free to call Mildred at 266-9727 to share a good laugh over this.



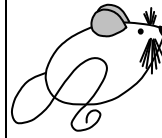
On August 14, 1553 *John Calvin* brought thirty-eight charges against Michael Servetus in Geneva, Switzerland, saying he had offended the trinity, and Servetus was thrown in prison.

"I was married by a judge. I should have asked for a jury."

~Groucho Marx



We mice have overheard that the choir will be starting up again in mid-August. Yea! All of us, the little mice especially, love to hear the beautiful sounds in "our" building on Wednesdays and Sundays. Thanks to *Jan Gallagher* whose quiet confidence and guidance helped steer the Music Committee last fall in its successful journey toward the hiring of the part-time Music Director. All are grateful for her direction and confidence. *The Church Mouse*



BUDDHIST PATH

Join with others each week on Thursdays at 7:30 p.m. in the balcony for meditation, walking meditation and discussion of Buddhist topics. All are welcome.

This is a great group to invite a friend or neighbor to, someone who might enjoy having a place to come meditate. Come explore the living dharma with us.

RELIGIOUS EDUCATION AND PROGRAM COUNCIL

Multi-Generation Programs

ADULT SUNDAY SCHOOL

There is no formal Sunday School during August. We will have some games and arts and crafts available in the Fellowship Hall for those so inclined. We will also be conducting Children and Youth Sunday School Registration at this time.

August 15th and 16th: please attend the All-Church Retreat; there will be child care on Sunday.

August 23rd: Remember to bring water from your summer trips.

SUNDAYS AFTER TWO

August 2nd *A Gathering of Women* ~ is on vacation this month

August 30th
2:00 – 4:00 p.m. *Last Sunday Small Group* ~ *Mica Lorenz*

Small Group Ministries

Some topics have related articles in this newsletter.

FVUUM – 11:00 a.m. UU Ministry at Friendship Village

Waverly Small Group – contact *Chris Rediske* at 352-3444.

Nature Lovers Group – meets on Saturdays; closed.

WOW! WORKSHOPS ON WEDNESDAYS WOW!

Every Wednesday

Dinner is at 5:30 p.m. every Wednesday, \$5/person, \$2/child<5, \$10/family – sign up at church or on-line at <<http://snipurl.com/3w0i8>>.

Children's Choir at 5:00 p.m. beginning August 19th

Choir at 6:15 p.m. beginning August 19th

Workshops

Wednesday, August 5th at 6:30 p.m.

Self Realization with Crystal King

Summer Fun group: *Art and Games*

Join us to make a piece of art or play a game.

Small Group Facilitators Meeting at 7:30 p.m. ~ *Mica Lorenz*

Wednesday, August 12th at 6:30 p.m.

Self Realization with Crystal King

Summer Fun group: *Art and Games*

Join us to make a piece of art or play a game.

Small Group with *Lara* and *Neil Martinsen-Burrell* using the

Integral Life Practice book; open.

Wednesday, August 19th at 6:30 p.m.

Self Realization with Crystal King

Summer Fun group: *Art and Games*

Join us to make a piece of art or play a game.

Wednesday, August 26th at 6:30 p.m.

Self Realization with Crystal King

Summer Fun group: *Art and Games*

Join us to make a piece of art or play a game.

Every Wednesday

Theoretical String Band at 7:30 p.m. beginning **August 19th**

Every Thursday

Buddhist Path at 7:30 p.m. Join *Rev. Eva* and others in exploring Buddhist spiritual practices; open.

Attention Religion Education activists! *Johanna Foster* will be next year's head of Adult Sunday School and is working on the schedule of classes. Being new to the position, she is encouraging input and help from all interested. For example, she is putting together a themed class that will run for approximately five to six sessions titled "What is good about religion?". Her goal is to have each hour's class focused on one of the major worlds' religions: only the positive outcomes we get from that religion will be discussed. As UUs, we claim that there are good lessons to learn from each religion, so let's study those things. Jo is encouraging UUSBHC members, or someone they know, who are expert enough to lead a class to please contact her. The religions of interest at the moment are Christianity, Islam, Judaism, Buddhism, Hinduism.



Religious Education and Programs